



Texas Association of Parent Educators

NEWSLETTER OF TAPE HOSTED BY CENTER FOR PARENT EDUCATION
<http://parenteducation.unt.edu/texas-association-parent-educators>

Volume 6 Issue 1

February, 2013

A Message from the President

TAPE Talk!

Sandy McClintic

President (2011-2013)

Hello to All!

The 2013 International Conference on Parenting and Parent Education is just around the corner! The 20th UNT Center for Parent Education Conference will be held in Denton on April 24-26. We are excited about all of the opportunities this conference has for parenting educators, and family support and parent involvement programs.

The annual TAPE meeting will also be held during the conference. Please see the schedule for exact date and time. TAPE is a key sponsor of the conference and presents the Best Practices Award, and the Arminta Jacobson Professional of the Year Award. The Best Practices Award is presented to organizations which exhibit best practices in parent/family education, parent/family involvement in schools or parent/family support. The Arminta Jacobson Professional of the Year Award is presented to an individual who has made a contribution to parent/family education. Please review the submission forms (<http://parenteducation.unt.edu/conferences>) for both awards and nominate a colleague or agency/organization! Submissions are due March 1st!

I am excited to introduce two new TAPE Board Members: Meilana Charles – Member-at-Large and Linda Ladd – VP of Credentials. Do recognize the name? Linda Ladd is a Past President of TAPE! She missed us and was ready to return as a Board Member. We are pleased to have her and Meilana join us!

Be sure to share the conference information with your colleagues and encourage them to join TAPE!! Looking forward to seeing you in April!

Best to All,
Sandy



Velma McBride Murry, Ph.D.

Keynote Speaker
20th ICPEP—April 2013



Dr. Murry has conducted research on rural African American parents and youth for 20 years and has identified proximal, malleable protective factors which deter youth risk engagement. Findings from these empirical studies informed the development of a curriculum, the Strong African American Families Program, which was designed to enhance parenting and family processes to encourage youth to delay the age of sexual onset and the initiation and escalation of alcohol and other drug use. Results from her longitudinal trials with African American families also informed the design, development, and implementation of the Pathways for African American Success Program, the first family-based, technology-interactive program targeting youth risk reduction by enhancing caregivers' regulated communicative parenting and youths' racial identity, self-esteem, decision-making processes, and risk-resistant efficacy. Dr. Murry brings a perspective on adversity which includes race, ethnicity, and poverty; a strong background in the role that parenting plays in addressing the needs of youth; and extensive experience in designing and implementing randomized control trials.

Dr. Murry has served as Commissioner of the State of Georgia Children's Trust Fund and as a member of the Institute of Medicine's Board on Children, Youth, and Families and the Standing Committee on Family Planning and the Board of Directors of the Family Process Institute. She co-directed the African American Mental Health Research Scientist Consortium, in which over 100 early-career African American scholars were mentored to increase the numbers of competitive grant applications African American research scientists submit to the National Institute of Mental Health (NIMH), to advance the

[Continued on page 2]

Mission Statement

To build a network of professionals and opportunities to increase knowledge and skills in the fields of parent education, parent involvement, and family support in order to promote education in schools, communities, and state.

Inside this Issue

TAPE Talk: Sandy McClintic	1
Velma McBride Murry, Ph.D., Keynote Speaker, 20th ICPEP	1
Don't Pop Your Cork: Dealing with Anger in Your Family Cynthia Garrison, M.S.	2
The Calving Chronicles: Victoria Calvin, MS	2
Meet the Member: Yamuna Teter	3
Welcome to Members: Vice President, Membership	3
Meet the Board: Linda Ladd, Ph.D., Psy.D.	4
2012-2013 TAPE Board Members	4
TAPE is Growing	4
TAPE Membership Form	5

Save the Date:
International Conference on Parent Education & Parenting
April 25-26, 2013

Connect with TAPE



Follow TAPE on Facebook, LinkedIn, and Twitter

Stay abreast with the latest in parenting research and news

Participate in lively discussions and forums



**Don't Pop Your Cork:
Dealing with Anger in the Family**
Cynthia Garrison, M.S., CFLE*



"Stop It!" "Quit!" "How many times do I have to tell you?" are often words we yell at our children in the moment of anger. We don't want to sound so frustrated, but when we get mad, we tend to not be able to stop ourselves from having such a negative reaction. Anger is only an emotion,

which is neither good nor bad. It is the actions during anger which are either "good" or "bad". Parents don't set out to do the negative behaviors, but tend to respond in angry moments negatively because there is no other plan. Effective plans include:

Keep your cool. This is much easier said than done, but when you can remain calm, you can still stay logical and stay focused on the problem and not on the child.

Stay focused on the problem. When parents attack the child and not the behavior, the relationship is damaged and the solutions to the problem will be invisible.

Be consistent in your communication and discipline tools. When children have predictability in the family, they are more likely to follow the rules and stay within the boundaries you set as a family.

Let child help with the solution to the problem. When the child is involved with problem solving, they are more likely to adhere to the solution and remember it as well.

Remember, anger is a normal part of any family. The way you deal with the anger can either help or hurt. The choice needs to be the parents and when the parent reacts appropriately, the child will learn those tools to his/her own anger.



*(*Cynthia Garrison is a Certified Parent Educator, a Certified Anger Management Specialist, a Parenting Coordinator and a Mediator for families. She works as Family Life Educator for Plano ISD and owns a Family Life business.)* ■

Register Online Today!

**20th International Conference on
Parent Education and Parenting**

April 24-26, 2013

Details at:

Center for Parent Education

1155 Union Circle #311335

Denton, TX 76203-5017

Phone: 940.369.7246 Fax: 940.369.7955

<http://parenteducation.unt.edu/conferences>

The Calvin Chronicles:

When You Are a Princess, You Ride a Motorcycle!
Victoria Calvin*

Life with a toddler is filled with many exciting, and not so exciting, moments. For Christmas, my little girl Corinne received a cool battery operated motorcycle from her grandparents. This little bike is great and if you are lucky, you might get a good 20 minutes of riding time out of it before the battery gives out. (Why do we spend money on this stuff?) Since her grandparents drove all the way from Oklahoma to present Corinne with this awesome present, among many, Corinne was obligated to demonstrate her "riding" skills.



Who doesn't ride in a princess dress (yet another Christmas present, among many)! Seriously, how cool does she look!

While riding her bike:

Corinne: "Mom! Dad! I love riding in my princess dress! I am so happy and pretty!"

Me: "Yeah, you look great baby!"

Corinne: "I'm a motorcycle princess!"

Me: "Where you are going?"

Corinne: "To the mall. I have to go shopping."

They learn early...oh sigh!

[Victoria Calvin, M.S., VP for Membership for TAPE]

Did You Know?

TAPE Membership for Students is Only \$15/-

[...Continued from Page 1]

overall participation level of African American mental health researchers in NIMH initiatives and programs, and to foster the development of high-quality, individual and collaborative mental health research on racial/ethnic minority populations. She was recently appointed to the USAID Evidence Research Team member of the Evidence Summit on Enhancing Child Survival and Development in Lower-and Middle Countries for Achieving Population-Level Behavior Change. Dr. Murry edits articles, serves on the publication committees and editorial boards of several journals, and has published over 140 peer-reviewed articles.

[Velma McBride Murry, Ph.D., Betts Chair in Education and Human Development, Professor of Human and Organizational Development, Director, Center for Research on Rural Families and Communities, Peabody College, and Co-Director, Vanderbilt Medical Center, CTSA, Community Engagement Research Core, Vanderbilt University, Nashville, Tennessee] ■

20th International Conference on Parent Education and Parenting
University of North Texas, Denton, TX April 25-26, 2013
More details at <http://parenteducation.unt.edu>

Meet the Member
Ms. Yamuna Teter

After being a stay home mom to her four children for nearly a decade, Yamuna Teter decided to return to school to pursue her passion for Parent Education. At her husband's urging, she began as an undergraduate with 2 years left to complete her degree in Development in Family Studies at the University of North Texas. She quickly heard about TAPE in a class, from none other than Dr. Arminta Jacobson. Yamuna was thrilled to learn such an organization existed and that students could join. She sent in the membership form the next day. TAPE was the first professional organization Yamuna joined, even before NCFR or the DFST Student Organization at UNT, Leaders in Family Education-LIFE.



The following year brought boundless opportunities for Yamuna as she was able to receive direct mentorship under Dr. Jacobson and colleagues Dr. Erron Huey, Dr. Gladys Hildreth, and TAPE President, Dr. Sandy McClintic. Yamuna began volunteering at the Center for Parent Education in summer 2012 and was soon hired on as the Media and Promotional Coordinator. In November 2012, Yamuna had the pleasure of attending the 2012 NCFR conference and was invited to be a guest speaker on a presentation led by Dr. Jacobson who presented fellow TAPE board member Victoria Calvin's research on Work-Life Balance Issues of Student Parents.

Currently Yamuna is an active volunteer for TAPE, continually updating the Facebook page and Twitter. She also serves as the President of LIFE student organization on UNT's campus as part of her practicum. She remains busy coordinating events in honor of Family Life Education Month. In addition, she is doing a dual practicum at the Center for Parent Education assisting in planning for the 20th International Conference on Parent Education and Parenting. Yamuna is will graduate with her undergraduate degree in Development and Family Studies in May and will qualify for the provisional Certified Family Life Educator (CFLE). Yamuna hopes to attend UNT's graduate program for Human Development and Family Studies and plans to one day be a Parent Educator. Her research interests include breastfeeding education, poverty, and all things about family.

Most of all, Yamuna enjoys being a mother to her 4 children: Karina (10), Harrison (8), Emily (6), and Natalie (3). She puts tremendous value on raising her children with positive parenting and is eager to pass on what she learns in class, knowing that this knowledge will one day guide her children through their own parenting experiences.

Yamuna is certain that joining TAPE was a great decision—leading to opportunities for improved learning and valuable mentorship under the experts in the field. She sincerely urges her fellow students interested in Parent Education to join TAPE, today! ■

Welcome to New Members!
Vice President of Membership*

It is wonderful to have new professionals and students join this wonderful organization! Increased membership means more opportunities for members to network and meet other professionals, scholars, and students in the field of family studies and parent education. To date, TAPE currently has 91 members and we continue to grow.

To all of our new members, welcome to TAPE!

New Members

- Joyce Armstrong,
Associate Professor, Texas Woman's University
Carrie Behrens, Student, Texas Woman's University
Miguel Brambila, Case Manager, Wilkinson Center
Carrie Brazeal, Educator, Texas A&M AgriLife Extension
Demetra Caston, Student, Texas Woman's University
Justine Faghihifar, Lead Occupational Therapist,
Comprehensive Therapy Services
Cynthia Garrison, President/Owner, CG Resources
Paula Kleppe, Parent Educator, CG Resources
Jane Lilliston, Program Coordinator of Plano Family Literacy,
Plano ISD
Pat Mullins, Garland ISD, Family Engagement Facilitator
Yamuna Teter, Student, University of North Texas

[Reported by Ms. Victoria Calvin, VP Membership]*

Hurry! Deadline: March 1, 2013
**Arminta Jacobson Professional
of the Year Award**

Nominate yourself or your colleague or a friend and the contribution (s) that you or they have made to parent or family education. TAPE appreciates and acknowledges your or their work and recognizes with an award.

Best Practices Award

Every year, TAPE also recognizes an outstanding parent education, parent involvement, and family support program or group. Awardees will have the opportunity to hold a poster/table exhibition and present at a break-out session during the International Conference.

We look forward to receiving your nominations! Electronic and mail submissions are accepted. Details at <http://parenteducation.unt.edu/texas-association-parent-educators>



Membership in TAPE is an important responsibility — Are you a current member?

NEWSLETTER OF TAPE HOSTED BY CENTER FOR PARENT EDUCATION
<http://parenteducation.unt.edu/texas-association-parent-educators>

Meet the Board

Linda Ladd, Ph.D., Psy. D.



Linda D. Ladd, PhD, PsyD, is a tenured, full professor in Family Therapy at Texas Woman's University and has a small private practice as a licensed psychologist in Denton, Texas.

Recently, I was voted into TAPE as the VP for Credentialing. Very nice, but...now let's talk the real story – mentoring!

My career is the product of the many kind professionals who cared for me and mentored me in not only the early stages of my career but even today! In my early years of academia, I leaned on the knowledge and wisdom of two professionals: Dr. Kinsey Green, the (now retired) Dean of the College of Home Economics at Oregon State University and gerontologist Dr. Clara Pratt (also retired). Both women gave me their honest thoughts about my skills and guided me in determining which possible professional opportunities to access. Both mentors knew when to ask questions and when to step back and let me make my decisions that would shape my future! They were especially powerful because they were among the first academic mentors that I had! I have had long and short term mentors through every step of my career – even today! Some have had more influence on how my career progressed, but all played a pivotal role in my current and future decisions.

The professionals that I have mentored have taught me more than I have taught them. It has been my privilege to work with two women as they completed their doctoral programs at TWU. I met Dr. Amy Ott when she was working on her MS and wanted to submit a proposal to a conference – we have worked together for over six years as she pursued her research passion which led to multiple conference presentations, one published article (during her MS), a funded research project that will expand her doctoral data, an article submitted to a “call for papers”, and the growing base of data for a book!

Dr. Shelia Lumar, now an assistant professor at Stephen F. Austin, topped an impressive vita of accomplishments with her doctorate which has led to an invitation from the Groves Conference committee to come to present her data this June! Shelia and I are cutting her dissertation into articles and conference presentations at TCFR and NCFR have been completed as she settles into her newest adventure at SFA. It is my hope that my mentoring will be helpful to both young (younger than me) women for a long time!

In my opinion, mentoring is one of the most important professional relationships that you or I can have. If you want to learn more about my opinions in how to identify and “get” a mentor, please email me at lladd@twu.edu. Best wishes and happy mentoring!

PS: I love to read non-fiction books outside my box so that I can challenge my thinking. In my opinion, if I stay within my comfort zone I get stagnant. So I am reading books off the NT Times in anthropology, physics, economics, and geobiology (check it out!). I cherish my faith in God and I love my grandchildren! ■

TAPE Board Members

MEMBERSHIP in TAPE is open to all professionals, students, and groups who share our mission. TAPE Board Members include a variety of dedicated professionals: students, teachers, trainers, Extension agents, and agency directors:

- ◆ **President: Sandy McClintic**
SMcClintic@twu.edu
- ◆ **VP Membership: Victoria Calvin**
victoria.calvin@unt.edu
- ◆ **VP Credentials: Linda Ladd**
LLadd@twu.edu
- ◆ **Secretary: Helen Nygaard**
Helen.Nygaard@psid.edu
- ◆ **Treasurer: Arminta Jacobson**
arminta.jacobson@unt.edu
- ◆ **Members at Large:**
 - Sadguna Anasuri (2011-2013)
 - Miguel Brambilla (2012-2014)
 - Meilana Charles (2013-2015)
 - Kathy Chavez (2012-2015)
 - Maggie Jover (2012-2014)
 - Elaine Shiver (2011-2013)
- ◆ **Past Presidents:**
 - Beth Thompson (2009-2011)
 - Linda Ladd (2006-2009)
 - Kendella Baker (2005-2006)

TAPE is Growing!

We are proud to report:

Twitter

47 Follow Us

Facebook

61 Total Likes

40 People Talking about Us

366 Weekly Total Reach

Save the Dates

20th ICPEP April 25-26
Pre-Conference April 24
TAPE Luncheon April 26

More Details:

<http://parenteducation.unt.edu>



Get Connected to the Latest in Parenting Research

TAPE for You



Texas Association of Parent Educators (TAPE)

Annual Renewal: April, 2013

MEMBERSHIP FORM 2012-2013

<http://parenteducation.unt.edu/tape>

The purpose of TAPE is to promote parenting education, parent involvement, and family support in the schools, communities, and the state as well as create opportunities to increase member knowledge and skills in these fields as well.

Name _____

Organization _____ Your Role _____

Preferred mailing address _____

City/State/Zip code _____

Preferred Phone _____ Fax _____

Email Address _____

Include my demographic information in the Texas Registry of Parent Educator Resources on-line data base
(Check one) Yes No

Circle areas below – If you can share some professional time with TAPE!

TAPE Leadership
Training activities
Newsletter

Organizing a local affiliate
Professional Development
Other (s) _____

Membership
Recognition System

Select the membership level that best fits your professional needs:

_____ \$15 **Student Membership:** Member receives all TAPE communications and has voting rights.
Must enclose a copy of their student ID.

_____ \$50 **Professional Membership:** Member works in the field of parenting education, family support, or parent involvement. Receives all TAPE communications and has voting rights.

_____ \$100 **Supporting Organization Membership:** Non-voting membership in TAPE. The organization receives, through a single point of contact, all TAPE communications, including newsletters.

_____ \$150 **Practitioner Organization Membership:** Organizations with five or more TAPE members may purchase a Practitioner Organization Membership. Each individual member receives all TAPE communications, including newsletters and pays dues at a reduced rate. If the organization falls below five TAPE members, its participating members would become Individual members with the next membership renewal.

Send completed form and membership dues to:

Dr. Arminta Jacobson,
UNT Center for Parent Education,
University of North Texas,
1155 Union Circle # 311335
Denton, TX. 76203-1335

For more information email: parenting@unt.edu