



every face has a story...  
...every story has a beginning

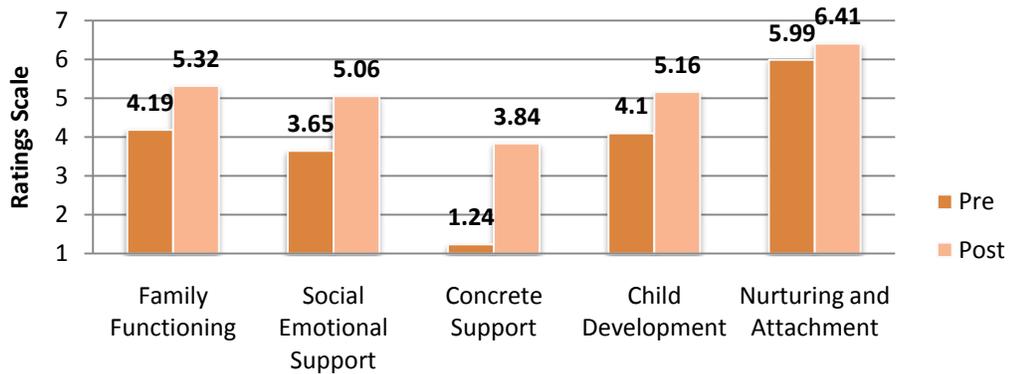


Home Instruction for Parents of Preschool Youngsters (HIPPY) is a home-based parent involvement program designed to help parents provide educational enrichment for their preschool children. Although HIPPY's primary mission is to increase school readiness of at-risk children through parent involvement, another benefit of HIPPY participation is the prevention of child abuse and neglect, as measured by the Protective Factors Survey.

The Protective Factors Survey is a national survey developed to measure multiple protective factors in five areas: family functioning/resiliency, social support, concrete support, nurturing and attachment, and knowledge of parenting/child development using a seven-point frequency/agreement scale

In 2009-2010, 224 first-year HIPPY parents completed the Protective Factors Survey (PFS) prior to week 2 of the 30 weeks of the HIPPY program and 221 parents completed the same assessment at the end of the program year. Initial descriptive analysis showed HIPPY parents had moderate to high average means in the five subscales of the PFS; therefore, the sample was divided into quartiles and participants in the 25th percentile were further analyzed.

## HIPPY Parents At-Risk for Child Abuse/Neglect Mean Ratings on the Protective Factors Survey



Five Subscales of the Protective Factors Survey

**Family Functioning/Resiliency** is the family's ability to adapt in times of crisis. At-risk HIPPY parents self-reported moderate resiliency at the beginning of the program and after one year of the HIPPY program, they reported increased family functioning.

**Social Emotional Support** is support from families and/or friends to meet emotional needs. At-risk HIPPY parents self-reported low to moderate levels of social support, which increased to higher levels at post assessment.

**Concrete Support** is access to material goods and services, especially during crises. At-risk HIPPY parents self-reported low levels of concrete support during the pre assessment and moderate levels during the post assessment.

**Child Development/Knowledge of Parenting** is having developmentally appropriate expectations for children. At-risk HIPPY parents entered the program with some child development knowledge and ended the first year with an increased knowledge of parenting.

**Nurturing and Attachment** is the positive interaction between parent and child. At-risk HIPPY parents were consistently warm and appropriately responsive from beginning to end of the program.

**HIPPY parents most at-risk for child abuse and neglect increased statistically significantly in multiple protective factors to prevent child abuse and neglect after their first year of participation.**