

Texas Association of Parent Educators

NEWSLETTER OF TAPE HOSTED BY CENTER FOR PARENT EDUCATION
<http://parenteducation.unt.edu/texas-association-parent-educators>

Volume 5 Issue 2

October, 2012

A Message from the President

TAPE Talk!

Sandy McClintic

President (2011-2013)

Greetings and Happy Fall!

As educators of all ages our “year” typically begins in the fall! The change from hot summer days turns to the busyness of fall and returning to classes, trainings, workshops and seminars. However, our summer did include a wonderful webinar with our guest speaker, Eve Sullivan, founder of the Parent’s Forum and the 2011 Arminta Jacobson Professional of the Year Award winner. Eve spoke about the process of “raising parents”. Eve stated that, “Parenting education is a process to acquire information about children’s growth and development; to acquire skills to meet children’s needs and provide them with practical, social and emotional help. Parents need help with the knowing, the doing and the feeling required to raise children well.”

The Parent Educator Institute, *Connecting with Families* was held in Dallas, TX on April 27th. The event with over 100 participants was a collaboration between the Texas AgriLife Extension Service, TAPE, UNT Center for Parent Education, and Texas Woman’s University. As one participant stated, “the Institute provided information that will help me become a more effective parent educator and the topics were relevant to the work that we do!” Our next educational endeavor will be the 2013 International Conference on Parenting and Parent Education – the 20th Annual Conference will be held at UNT in Denton on April 24-26. We look forward to seeing you then!

The annual TAPE meeting was also held during the Institute. The TAPE Board was introduced with the following members being elected to the Board, Helen Nygaard as Secretary (a previous Member at Large), Debbie Farr, Miguel Brambila, and Maggie Jover as Members at Large. Maggie was our past Secretary. Welcome Aboard!

We continue to update and add to our “window to the world,” our website at <http://parenteducation.unt.edu/tape>. And, you can follow us on Facebook, LinkedIn and Twitter!

Best to All,
Sandy

Arminta Jacobson Professional of the Year Award: Dr. Joyce Armstrong



This year, the Arminta Jacobson Professional of the Year Award was awarded to Dr. Joyce Armstrong at the *Parent Educator Institute: Connecting with Families* on April, 27th. The Institute

was co-sponsored by the Texas Association of Parent Educators (TAPE), Texas AgriLife Extension Service, Texas Woman’s University (TWU), and UNT Center for Parent Education (CPE).

In 2009 the Texas Association of Parent Educators (TAPE) established the Arminta Jacobson Professional of the Year Award. The award was established in honor of Dr. Arminta Jacobson who founded the Center for Parent Education in 1992. The center responds to the needs of families through research, advocacy, resources and leadership for professionals interested in meeting the needs of parents and families. The Center for Parent Education assists in the establishment of partnerships with parents, schools, and agencies through research and seminars. TAPE is hosted by the Center for Parent Education.

Award nominations are submitted to the TAPE Board of Directors by colleagues, employers, and/or friends for this annual award. The award criteria consist of: 1) demonstrates a pattern of service in the profession of parent education and/or family support, 2) a scope of service that encompasses both state and national involvement, and 3) has an established track record as a mentor, practitioner and/or a scholar in the field.

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Mission Statement

To build a network of professionals and opportunities to increase knowledge and skills in the fields of parent education, parent involvement, and family support in order to promote education in schools, communities, and state.

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Stay abreast with the latest in parenting research and news

Participate in lively discussions and forums



Kinship Care

Jenna Johnson McFadden*

20th Annual International Conference on Parenting and Parent Education

April 25-26, 2013

The child welfare system includes the care and removal of abused and neglected children, Foster and adoptive services, along with family education leading to family rehabilitation. In the last decade there has been an increase in Kinship care. Kinship care is the process of taking children out of their homes and placing them with the closest and most reliable relative. The kinship program strives to place children with relatives to avoid placing the children unnecessarily in the foster care system. The majority of care falls on relatives that are the next closest kin, and are considered the best suited for caring for that child. These include but are not limited to care by grandparents, aunts and uncles, and even cousins. There are currently a reported 7.8 million children living in the care of a grandparent or relative in the United States (AARP, 2012). According to a state census taken in 2010, Texas has approximately 862,624 children living in the care of a relative. Also, according to the census of 2010, 862,624 children live in relative care, among them 289,530 live with their grandparents (AARP, 2012).

There are many circumstances that could lead to a child being removed from a home and placed in foster or kinship care. Some of these include substance abuse, abuse or neglect of the child, mental instability, incarcerated parents and children of parents who are deceased (Gibbs, Kasten, Bir, Hoover, & Mitchell, 2004). There is a decline in the number of children who can be placed in the foster system; it is considered that relative care is the best for the children across the board. Children in the care of relatives face some clear advantages to those placed in the foster care system. In child development it is deemed very important for a child to develop a healthy self identification. Children that are placed in the care of a relative will be able to more accurately develop and accept their identity. Another advantage, which also helps them with their personal identity, is the ability to keep the child's family roots intact (Gibbs, Kasten, Bir, Hoover, & Mitchell, 2004).

While kinship care has been deemed the best for the child, becoming a parent to a relative child can be very stressful for the new parent and child. It is important that as professionals, and Parent Educators that we provide these families with helpful tips and advice on parenting and stress management.

According to the Child Welfare League of America, some helpful stress management tips are:

How does stress affect you personally? This is the first step in stress management, identifying how stress has an impact on your emotional well-being along with your health. Some ways that stress can affect you short term and long term are: Illness, high blood pressure, fatigue, irritability, feeling emotionally drained, difficulty concentrating, insomnia, allergies

(Continued on page 5)

It is that part of the year again where international scholars, policy makers, parent/family educators, early childhood interventionists, family support professionals, school/parent liaisons, students, and child and family advocates will all be gathered together under one roof in Texas. The International conference on Parent Education and Parenting has met annually on or near the campus of the University of North Texas for close to two decades now with the goal of educating and supporting parents. Scholars and practitioners from around the globe will present the latest in knowledge, research, educational strategies, curriculum, and parent education and support models. Keynote speakers are nationally or internationally recognized as having specialized knowledge relating to parenting and family support.

Conference Objectives

To provide training in core knowledge and skills for parent educators.

To present a spectrum of program models, curriculum, strategies, and knowledge related to parenting, parent education, parent involvement, and parent/family support.

To present primary research and research reviews related to parenting, parent education, parent involvement, parent/family support and the changing family.

To provide knowledge in specialized areas related to family life.

To provide training in parent education and family support curriculum and methods.

To provide international perspectives and cross-national research on parent education and parenting.

To promote interaction and exchange of ideas among conference participants.

To provide a resource and book fair.

To recognize best practices in parent education, parent involvement, and family support.

Invitation to Present:

To be part of this International Conference on Parent Education and Parenting you must complete our online proposal submission form for presentations in interactive workshops, research to practice, special interest sessions, topical symposiums, and "Meet the Scholars" research posters. Submissions are blind reviewed by professionals for inclusion in the program. All submissions will be acknowledged in writing by **November 15**.

Call for Proposal Reviewers:

We are currently seeking peer reviewers to review and score proposals. If your colleagues, or doctoral student advisees have an interest or expertise in working with families, e.g. parent/family education, parenting, or parent involvement (home or school), please share this information with them so they can volunteer. For more information or to register to be a proposal reviewer, go to <http://www.parenteducation.unt.edu/conferences> ■

*Written by Lionel Asare**



20th International Conference on Parent Education and Parenting
University of North Texas, Denton, TX April 24-26, 2013
More details at <http://parenteducation.unt.edu>

Pre-conference Symposium
April 24, 2013

As part of the preparations for the 20th Annual International Conference on Parent Education and Parenting, a one-day pre-conference symposium will be organized at the University of North Texas campus to precede the actual conference in April 2013.

Goals of Pre-conference Symposium:

To build capacity for effective research and evaluation in family intervention programs and leadership among Family and Consumer Sciences Professionals (FCS).

Provide a forum for exploring innovative approaches and best practices for FCS professionals working with interdisciplinary research and evaluation teams working toward collaboration and future goals of publications, grant submissions and awards.

Pre-conference symposium will consist of three 20-minute presentations on best practices of research and program evaluation in parent education, home visiting, parent involvement in schools and family support. This will be followed by a 10-minute discussion and dialogue with audience. Posters will be presented during the afternoon networking opportunity and refreshment break.

Detailed Program:

Symposium evaluation will occur at the session, symposium, and post-symposium levels. After each session, participants will be asked to complete a brief evaluation assessing quality, subject matter, and potential for advancing knowledge in the field. Attendees will be emailed an invitation to a Qualtrics online survey to evaluate the overall symposium.

Panels of experts will discuss:

Issues related to conceptual frameworks, and analytical tools to the study of the efficacy of programs including issues related to family systems, cultural and environmental issues, barriers and vulnerable populations, program delivery and treatment dosage, and application of research to practice.

Approaches to research and evaluation for family intervention programs. This may include topics such as theoretical bases and conceptual frameworks, randomized trials, qualitative and mixed methods, innovative methods of study, challenges and solutions for measurement, data collection, data analysis, and use of technology and policy recommendations. In addition, facilitated dialogue with audience will follow each panel.

During lunch time, volunteer leaders will guide discussion of issues and approaches with seating by areas of interest as designated with registration. Structured and facilitated work group by areas of specific interests will discuss and develop preliminary plans for collaborations for research funding proposals, writing, and program evaluation. During this period, leaders of the work groups will be chosen on the basis of their leadership in the field as well as their experience in research and evaluation of family intervention programs. ■ (* Written by Lionel Asare, who is a doctoral student at University of North Texas and a Research Assistant at the Center for Parent Education)

Community Engagement Award
Dr. Arminta Jacobson

One of Our Own:
Dr. Arminta Jacobson receives UNT Foundation Community Engagement Award!!

In recognition of faculty excellence, the UNT Foundation established three awards that highlight the accomplishments of UNT's most distinguished scholars and leaders, and College of Education faculty member Arminta Jacobson received one of the awards for this year.

Dr. Arminta Jacobson, Professor in Educational Psychology, received the UNT Foundation Community Engagement Award. This award was created to recognize individuals who have the sensitivity to understand and work across organizational cultures and boundaries; the leadership to build bridges among community institutions and to make university and community institutions intelligible to and supportive of each other; and the capacity to develop new and productive projects and relationships that embody the university's central commitment to its community engagement mission. Congratulations!!

Find details at: <https://www.coe.unt.edu/news/dr-mary-harris-and-dr-arminta-jacobson-receive-awards-leadership-engagement>



(AJPY Award: Contd. From page 1)

The award was co-presented to a much surprised Dr. Armstrong by Dr. Arminta Jacobson, Director of the Center for Parent Education and Dr. Sandra McClintic, TAPE President.

Congratulations Dr. Armstrong! We are proud of you!

(Written by Dr. Sandra McClintic)

Heard About the Latest Advice to Parents?

RPM3

Responding-Preventing-Monitoring-Mentoring-Modeling

Source: NIH-NICHD

Important Dates
Proposals Due Nov 15
Best Practices Jan 15
AJPY Award Feb 1

More Details:
<http://parenteducation.unt.edu>



Did You Miss Our Last Webinar?

Parent Education in the World by Dr. Eve Sullivan On June 7, 2012

Download her Presentation from the TAPE website

Meet the Member Meilana Charles



Pursuing a graduate degree has always been a life-long goal for Meilana Charles as she watched her parents receive advanced degrees as a young child. "I saw my mother work two jobs, attend school and still find time for me. My father was away in Alberta, Canada pursuing his doctoral degree. When I finally saw his dissertation (or the "big book" as I called it), I somehow knew it was a huge accomplishment. As I grew older, I realized the tremendous sacrifice both my parents went through to meet their goals and that one day I wanted to be like both of them." In May 2012, Meilana

achieved that goal earning a master's degree from Texas Woman's University in Child Development. Her primary areas of interests were infant gestures and language development and curriculum and program development. She plans on returning to Texas Woman's University in 2013 to begin doctoral work majoring in Early Childhood Development and Education.

Meilana enjoys working in the social services sector because she believes, "Children's learning should not cease when the school day ends. They should have knowledgeable and competent adults around them as much as possible. I would like to provide those individuals with information to make informed decisions." In addition to TAPE, Meilana is a member of the Denton Area Association for the Education of Young Children where she is the Conference committee chairperson. She is also research assistant for a project through the National Parent Education Network's subcommittee and a Sisterbra-tion Curriculum Steering Committee member. Additionally, Meilana is a member of the National Black Child Development Institute and Texas Extension Association of Family and Consumer Sciences.

In line with her professional interests, Meilana also volunteers as a program facilitator for the Lancaster chapter of Zeta Phi Beta Sorority, Inc.'s Stork's Nest. This program is a collaborative program between her sorority and March of Dimes that provides low-income expectant and new mothers with prenatal, parenting, health and nutrition workshops. Through the Stork's Nest Meilana continues her goal of providing research-based parent education to low income communities. She believes, "Educating parents on child development and parenting topics should begin as early as possible. That breeds confidence in their abilities from the first day new moms bring their new babies home." In her spare time, Meilana enjoys belly dancing, bringing her dogs to the park and cheering on the New Orleans Saints football team. ■

The Empowering Families Project: The Parenting Center

This past year The Parenting Center has developed and implemented a new program, The Empowering Families Project (EFP) to address the need for relationship education in Tarrant County. Although the overarching goal is to provide relationship education designed to improve marriage and relationship skills, clients' additional needs are also being met.

Classes are available to singles, engaged/dating couples and married couples. Prior to enrollment, clients are screened for domestic violence and child maltreatment and placed in 1 of 3 groups. If enrolled in a more at risk group, clients will complete a more intensive screening and are provided with case management services, parent education, financial education, and/or employment services depending on their needs. Booster classes which take place 6 months after the end of classes are also offered. The goal of booster classes is to provide a refresher of the skills participants learned and allow the participants a place to practice and share their experiences from the past 6 months.

Through this holistic view, the Empowering Families Project intends to give families the help they need to improve not only their relationships with their children and their parenting practices but also to improve couple relationships, family finances and job stability. The Empowering Families Project is funded by the U.S. Department of Health and Human Services, Administration of Children and Families, and will continue for a second year beginning October 1st, 2012.

For more details call: 817-32-5529 or visit: <http://theparentingcenter.org/empowering-families/>



20th International Conference on Parent Education and Parenting Pre-Conference April 24-26, 2013

Details at:

Center for Parent Education

1155 Union Circle #311335

Denton, TX 76203-5017

Phone: 940.369.7246 Fax: 940.369.7955

<http://parenteducation.unt.edu/>

TAPE is now on Twitter



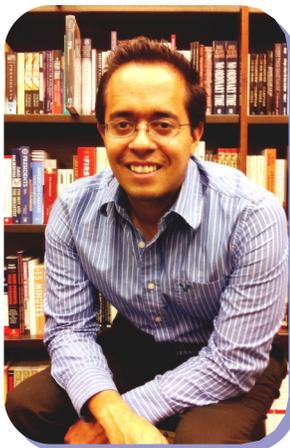
Join the Conversation @TAPE_Parent



Membership in TAPE is an important responsibility — Are you a current member?

NEWSLETTER OF TAPE HOSTED BY CENTER FOR PARENT EDUCATION
<http://parenteducation.unt.edu/texas-association-parent-educators>

Meet the Board Miguel Brambila



Miguel Brambila has worked for the last 7 years assisting families in Dallas area. In the last 4 years, his work as a Case Manager has provided him with the opportunity to realize the tremendous need for family and parent education. Miguel's work as a case manager at the Wilkinson Center has included providing emergency assistance, career advice and guidance, mentoring for children, and parental involvement, all of these with the goal to help Dallas families become self-sufficient. Working in one of the poorest neighborhoods in Dallas area, Miguel has realized that there is also a huge need that goes beyond employment or income: healthy family relationships and parenting. Miguel is bilingual and on the weekends, he works as a medical interpreter for Children's Medical Center helping Spanish speaking families communicate with medical providers. In November 2011, Miguel became a Certified Healthcare Interpreter.

Along with his experience as a case manager and with his involvement in healthcare, Miguel became a Community Health Worker to educate and assist families become healthy not only inside but also outside. His desire to help families has motivated him in his decision to pursue a Master's in Science in Family Studies at Amberton University; he will graduate in 2013. Earlier, Miguel studied at Dallas Baptist University and got a Bachelor's degree in Sociology. Miguel is also a Family Wellness trainer and will soon be a facilitator for ANTHEM Strong Families. Miguel truly believes that families are in jeopardy and most social problems are rooted in families; however, in those same families is where people can find hope and social change. Miguel's goals are to continue helping families in Dallas as a case manager, interpreter and also as an educator for families.

In his free time, Miguel plays classical guitar music, during his college years, Miguel played at restaurants and private parties. He also enjoys painting and everything that is related to the arts and music. ■

(Kinship Care...Continued from page 2)

Current research is also linking long term stress to cancer and other lifelong diseases.

Ways to manage Stress:

Make time for yourself, and to do activities you enjoy

Daily or weekly exercise

Deep Breathing

Talk out your feelings- Find a close friend, mentor or counselor that you can talk to about your feelings.

Parenting, Education and Financial Resources for kinship Families:

Child Welfare League of America

<http://www.cwla.org/programs/kinship/kinshiplinks.htm>

Parent Education Project- Kinship program

<http://www.las.uh.edu/pep/resources-for-relatives-as-parents.aspx>

Texas DFPS- Kinship

http://www.dfps.state.tx.us/Child_Protection/Kinship_Care/default.asp

Texas Kincare Taskforce-

<http://texasguardianship.files.wordpress.com/2011/09/texas-kincare-primer1.pdf>

Grand's place- Grandparents raising children

www.grandsplace.org

(* Jenna Johnson McFadden is an undergraduate student at Texas Woman's University and a practicum student at Center for Parent Education, University of North Texas)

TAPE Board Members

MEMBERSHIP in TAPE is open to all professionals, students, and groups who share our mission. TAPE Board Members include a variety of dedicated professionals: students, teachers, trainers, Extension agents, and agency directors:

- ◆ **President: Sandy McClintic**
SMcClintic@twu.edu
- ◆ **VP Membership: Victoria Calvin**
victoria.calvin@unt.edu
- ◆ **VP Credentials: Elaine Zweig**
EZweig@collin.edu
- ◆ **Secretary: Helen Nygaard**
Helen.Nygaard@psid.edu
- ◆ **Treasurer: Arminta Jacobson**
arminta.jacobson@unt.edu
- ◆ **Members at Large:**
 - Sadguna Anasuri (2011-2013)
 - Miguel Brambila (2012-2014)
 - Kathy Chavez (2012-2015)
 - Debbie Farr (2012-2015)
 - Maggie Jover (2012-2014)
 - Elaine Shiver (2011-2013)
- ◆ **Past Presidents:**
 - Beth Thompson (2009-2011)
 - Linda Ladd (2006-2009)
 - Kendella Baker (2005-2006)

Congrats to our Members! Recent Graduates



Get Connected to the Latest in
Parenting Research

TAPE for You



Texas Association of Parent Educators (TAPE)

Annual Renewal: April, 2012
MEMBERSHIP FORM 2012-2013

<http://parenteducation.unt.edu/tape>

The purpose of TAPE is to promote parenting education, parent involvement, and family support in the schools, communities, and the state as well as create opportunities to increase member knowledge and skills in these fields as well.

Name _____

Organization _____ Your Role _____

Preferred mailing address _____

City/State/Zip code _____

Preferred Phone _____ Fax _____

Email Address _____

Include my demographic information in the Texas Registry of Parent Educator Resources on-line data base
(Check one) Yes No

Circle areas below – If you can share some professional time with TAPE!

TAPE Leadership
Training activities
Newsletter

Organizing a local affiliate
Professional Development
Other (s) _____

Membership
Recognition System

Select the membership level that best fits your professional needs:

_____ \$15 **Student Membership:** Member receives all TAPE communications and has voting rights.
Must enclose a copy of their student ID.

_____ \$50 **Professional Membership:** Member works in the field of parenting education, family support, or parent involvement. Receives all TAPE communications and has voting rights.

_____ \$100 **Supporting Organization Membership:** Non-voting membership in TAPE. The organization receives, through a single point of contact, all TAPE communications, including newsletters.

_____ \$150 **Practitioner Organization Membership:** Organizations with five or more TAPE members may purchase a Practitioner Organization Membership. Each individual member receives all TAPE communications, including newsletters and pays dues at a reduced rate. If the organization falls below five TAPE members, its participating members would become Individual members with the next membership renewal.

Send completed form and membership dues to:

Dr. Arminta Jacobson,
UNT Center for Parent Education,
University of North Texas,
1155 Union Circle # 311335
Denton, TX. 76203-1335

For more information email: parenting@unt.edu